



## State Multi Event Championships 2010

Centres and their Team Managers should ensure that they are familiar with the Association Competition Regulations (CR:), in particular:

- Section 1 - General**
- Section 2 - Administration**
- Section 3 - Track & Field**
- Section 4 - Multi Event**

**THE CHAMPIONSHIP SHALL BE HELD AT  
LATROBE UNIVERSITY ATHLETICS TRACK, BENDIGO  
ON  
SATURDAY 30<sup>th</sup> & SUNDAY 31<sup>st</sup> JANUARY 2010.**

**THE FIRST EVENT IS SCHEDULED TO COMMENCE AT 8.30am all athletes should be registered prior to the schedule of the first event.**

### Help

Any **Centre** requiring any assistance or advice on how to fill out paperwork or enter online should contact the VLAA office on 03) 9676 3600 or 1800 689 112 from regional areas. Remember, help is only a phone call away.

### Event Timetable

The timetable will be distributed to Centres when entry numbers are confirmed. Centres should make their athletes aware of the scheduled day of events for their respective age group

**NOTE: Under 9 to Under 11 athletes** (boys and girls) together with the **Under 12 Boys** shall compete on **Saturday 30<sup>th</sup> January 2010**.

And **Under 12 Girls and the Under 13 to Under 16 athletes** (boys and girls) shall compete on **Sunday 31<sup>st</sup> January 2010**.

## Entries

**All entries close - Midnight Wednesday 13<sup>th</sup> January 2010**

online at [www.vlaa.com.au](http://www.vlaa.com.au).

**Payment is required at the time of entry using a Credit Card.**

A list of confirmed entrants will be sent to both the Nominated Team Manager and Centre Secretary for each Centre after the close of Registrations on January 13<sup>th</sup>.

**Note:** Where **three (3) or more** children from the same family are entered, the entry fee per event for the third and any subsequent child shall be **fifty percent (50%)** of the normal entry fee.

**Centres that have not paid Entry Fees, or have outstanding debts may have their entries rejected.**

NOTE: The regulation covering **Registration Requirements** is **CR: 1.1**.

NOTE: The regulation covering **Participation Requirements** is **CR: 1.2**.

## Late Entries

**No late entries will be accepted.**

## Events Conducted

The events for each age group are as follows:

	U9	U10	U11	U12	U13	U14	U15	U16
100m	✓	✓	✓	✓	✓	✓	✓	✓
800m	✓	✓	✓	✓	✓	✓	✓	✓
80mH	✓	✓	✓	✓	✓	Girls		
90mH						Boys	Girls	Girls
100mH							Boys	Boys
LJ	✓	✓	✓	✓	✓	✓	✓	✓
Disc	✓	✓	✓	✓	✓	✓	✓	✓

✓ - Denotes events conducted for both boys and girls.

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## Points Scoring

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Refer to **CR: 4.5**.

Scoring tables (in hard copy) may be purchased from the VLAA office at a cost of **\$2.20 each**. Scoring tables are also available to be downloaded from the website [www.littleathletics.com.au](http://www.littleathletics.com.au) > Vic > Competitions > Championship events > Multi Event

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## Marshalling Area

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<b>Registration Numbers:</b>	On arrival at the venue, children participating should make their way to the marshalling area to have their registration numbers allocated
<b>Assembly Points:</b>	Athletes for all events shall assemble in the specified marshalling areas, which shall be defined in the program. The announcer shall call each age group to the appropriate marshalling area.
<b>Assembly Time:</b>	Athletes shall assemble not less than fifteen (20) minutes prior to the start time of each event.
<b>Uniforms:</b>	It is each Centre's responsibility to ensure that their athletes are in correct Centre Uniform

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## Team Managers

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A Team Manager's Nomination form is enclosed. The names must be submitted to the VLAA office by Friday 8<sup>th</sup> January 2010.

A meeting for Team Managers will take place on the front straight, near the finish line at 8.00am on the day of competition.

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## Officials

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Appointment of Centre officials will be co-ordinated through the VLAA office. The appointment of officials will be calculated according to the number of entries for each day.

Official's letters and tags will be posted out to each Centre Secretary / Team Manager 10 days prior to the State Multi Event Championships.

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## Field Event Trials & Practice Trials

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Refer to **CR: 4.4** for Practice Trials.

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## Uniforms

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All athletes shall wear an approved Centre uniform during actual competition or trials. Incorrect or non-approved uniform shall result in the athlete being disqualified. The regulations covering Uniforms are detailed at **CR: 1.5 & 1.6**.

**Note:** *Centres who have not submitted their uniform or changes thereto for approval prior to 1 December 2009 may have their entries withheld.*

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## Footwear

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The regulation covering footwear including the use of spikes is **CR: 1.9**.

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## Starting Blocks & Rules of Starting

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The regulation covering the use of **Starting Blocks** is **CR: 1.8**.

The regulation covering Starting is **CR: 2.24**.

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## Ribbons & Place Tickets

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Ribbons shall be issued to fourth to eighth (4th to 8th) placegetters as applicable in event finals (see **CR: 2.28(ii)**).

Tickets, with performance and points for all events, together with total points and overall place shall also be issued to each athlete as soon as possible after the event. These place cards will be available for collection by the nominated Team Manager at the conclusion of the presentations for that age group in the recording area.

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## Medals & Presentations

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Medals shall be presented for the first (1st), second (2nd) and third (3rd) placegetters (see **CR: 2.28(i)**).

Presentations will take place for each age group, no earlier than **twenty (20) minutes** after the finish of their last event (see **CR: 2.28(iv)**).